

SLENDERIIZ™

# GIVE YOUR BODY 2 LBS. OF VEGGIES AND A WHOLE LOT OF LOVE



Part of the Slenderiiz™ weight management line, Giving Greens™ is a whole-food veggie, nutritive powdered drink mix offering sprouted-seed nutrition and an enzyme-rich superfruit blend that provides your body with vital nutrients to boost immunity, support cardiovascular health, fight free radicals and aid digestion.

Many of us have tried juicing to fill the gap — a cart full of veggies leading to the sheer delight of pulverizing them with a juicer. But then we survey the veggie pulp mess and sigh. Three weeks later, we toss a second batch of moldy veggies in the trash and pack away the juicer, resigned to the idea that we'll never be the cool hipster walking around with a green sludge-filled shaker bottle. It doesn't have to be that way...

## EASY

A busy life makes it difficult to feed your body the nutrition it craves, but Giving Greens makes it easy! With only 15 calories per serving, simply mix Giving Greens' nutritive powder with water or blend in a smoothie!

## GREAT FOR KIDS

Giving Greens is a guilt-free nutritional powerhouse to help ensure your kids get the veggies they need without the dinnertime fight.

## 2 LBS. OF VEGGIES IN EVERY SERVING

Have you ever tried to pack 2 lbs. of veggies into a day? Go ahead and try it! In a USDA report on food availability, only 22 percent of adults in the U.S. reported eating vegetables daily...and that number includes French fries!<sup>1</sup>

## TASTES GREAT

Sweetened by nature with superfruits combined with coconut, notes of cinnamon and a hint of stevia and xylitol, Giving Greens has a naturally sweet taste that doesn't make you think you are sucking the juice from a lawnmower.

## THE ROUGH STUFF

Fiber helps to keep you regular, support blood sugar levels that are already in the healthy range and aid in weight management, but only a little more than 3 percent of Americans are meeting recommended fiber intake.<sup>2</sup> With Giving Greens, you up your fiber game. It's a win!

SLENDERIIZ™  
Independent Representative

## VEGGIE GOODNESS

A rich base of spinach, alfalfa and chlorella provides vital phytonutrients, vitamins and minerals. We then add broccoli, carrot, tomato, beet, spinach, cucumber, brussels sprouts, cabbage, celery, kale, asparagus, green bell pepper, cauliflower and parsley for optimum nutrition. Try to sit down to THAT salad!

### Broccoli Sprouts

Broccoli sprouts are a nutrition powerhouse, packing 10 to 100 times more sulforaphane, a compound shown to promote detoxification and strengthen anti-oxidant power.

### Amaranth Sprouts

Amaranth is high in fiber and the essential amino acid lysine and contains as much as 12 to 17 percent protein.

### Millet Sprouts

Millet's stellar nutritional profile, which includes manganese, phosphorus, magnesium and niacin (vitamin B3), ensures its place among the leading heart-healthy ingredients.

GIVING GREENS GIVES  
NUTRIENT-DENSE  
VEGGIE POWER —  
NO JUICING REQUIRED.

ORDER TODAY!

## SPROUTED SEED NUTRITION

Sprouted seeds are brimming with nutrition, and when harvested at the peak of the sprouting process, nutrition levels are maximized and healthy compounds are unlocked.

### Hard-working Enzymes

If you don't have enough digestive enzymes, you can't properly break down food efficiently. Our premium enzyme blend includes highly active digestive enzymes that help your body unlock Giving Greens' nutritive goodness.

### Feel-good Superfruits

Immune-boosting acerola cherry, antioxidant-rich blueberry and goji berry — also known as the "happy berry" — make up our superfruit blend. These cherries and berries are determined to help you have the best day ever!

<sup>1</sup>USDA, Economic Research Service, Loss-Adjusted Food Availability Data.  
<https://www.ers.usda.gov/data-products/food-availability-per-capita-data-system/loss-adjusted-food-availability-documentation/>

<sup>2</sup>U.S. Department of Agriculture. Dietary fiber (g): usual intakes from food and water, 2003–2006, compared to adequate intakes. What we eat in America, NHANES 2003–2006. Updated April 1, 2010 [cited 2012 Feb 20]. Available from: [http://www.ars.usda.gov/SP2UserFiles/Place/12355000/pdf/0506/usual\\_nutrient\\_intake\\_dietary\\_fiber\\_2003-06.pdf](http://www.ars.usda.gov/SP2UserFiles/Place/12355000/pdf/0506/usual_nutrient_intake_dietary_fiber_2003-06.pdf).

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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